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F. No. GGSIPU/NSSCELL/2024/<u>583</u> Dated: 31st May, 2024

NOTICE

Sub: Parampara & Paryavarun (Traditions & Environment) Event in Gangotri/ Dharali Environment Program 2024" for 5 Scientists/ Teachers and 5 Research Scholars/ Students.

This is with reference to the email dtd: 19.05.2024 received from the Mt. Everest Foundation (Office of Padmashree Ms. Santosh Yadav, Mountaineer (Twice Everest Summiteer & Leader) via from the Office of Hon'ble Vice Chancellor GGSIPU regarding to participate in "Parampara & Paryavarun (Traditions & Environment) Event in Gangotri Dharali Environment Program 2024" for Scientists/ Teachers and Research Scholars/ Students. The aim and objective of this event is Personality Development, Teaching Risk Management and Survival Skills and Spread Awareness among people on ways of preserving Culture and Heritage of Himalaya and Environment.

Padmashree Ms. Santosh Yadav has achieved the unique distinction of being "the first and only women in the world to scale Mt. Everest, the highest peak in the world, twice. She successfully led the Mt. Everest Expedition via Kangshung Face in 1999 and East Ridge of Mt. Everest in 2001. She awarded with 'Padamshree' in 2000, 'National Adventure Award/ Arjuna Award' in 1994, 'Rajiv Gandhi Sports Award' in the 2004 and many more national and international awards & recognitions.

'Mt. Everest Foundation' now known as 'Prithividhara' is going to organise "Parampara & Paryavarun (Traditions & Environment) Event in Gangotri/ Dharali Environment Program 2024" for Scientists/ Teachers and 5 Research Scholars/ Students at Devbhumi, Uttarakhand, India in the month of June, 2024 (proposed date 5th June). The duration of the said event is Two Nights & Three Days. The detail of proposed schedule / event itinerary is enclosed.

For the said event, The Foundation requested to depute at least 5 Scientists/ Teachers and 5 Research Scholars/ Students for the department of Environmental Science and Sanskrit Department to ensure the benefits of this program and to be the ambassadors of knowledge gained through this program. <u>The expenditure</u> @per participants would be Rs.18,500/-. The said amount as expenditure will be borne by the participants for their logistic, accommodation, food and Training fee. Travel cost is included from Haridwar onwards.

- A Google link is provided for registration, last date of registration is <u>2nd June 2024, 12 midnight</u>. <u>https://forms.gle/5RGc21zdEo4EQGEk9</u>
- The No. of total participants required is 10.
- Less than the required numbers, it will be not possible to organise the said program on the above mentioned date.

It is requested that kindly show the interest to participate in "Parampara & Paryavarun (Traditions & Environment) Event in Gangotri/ Dharali Environment Program 2024".

(Prof. Varun Joshi) Prog. Coordinator, Cell, GGSIPU

Copy to:

- 1. NSS Program Officers of USS and Aff. Coll, GGSIPU (for kind information please)
- 2. PS to Hon'ble Vice Chancellor, GGSIPU (for kind information please)
- 3. PS to Registrar (for kind information please)
- 4. Guard file



Mt. Everest

Ms. Santosh Yadav, Padmashri, Twice Everest Summiteer & Leader Fourth Floor, IV-1 Sri Sri Chandra Bhawan Brahm Vihar Colony Kankhal, Haridwar Uttarakhand - 249408

Mobile: 8700235459 Mobile: 9068235459 E-mail:santoshyadav.everest@gmail.com mahirpratap2003@gmail.com Date: 30th May, 2024

To, The Vice Chancellor Gurugobind Singh I P University

Subject: Parampara & Paryavaran (Traditions & Environment) Event in Dharali/Gangotri for Scientists and Students.

Respected Sir

It is with great humility, I wish to say that with the blessing of Almighty it has become possible for me to achieve the unique distinction of being "the first & only woman in the world to scale Mt. Everest, the highest peak in the world, twice". I have also successfully led the Mt. Everest Expedition via **Kangshung Face** in 1999 and East Ridge of Mt. Everest in 2001. And I have led and scaled lots of different mountains in different continents of the world. Government of India awarded me with **'Padma Shree'** in 2000 **'National Adventure Award / Arjuna Award'** in 1994, **Rajiv Gandhi Sports Award** by the Government of Delhi in 2004 and many other national & international awards& recognitions. My Detail Resume is separately attached with this mail.

Sir, I have been visiting & delivering lectures on 'Leadership', 'Motivation' and 'Risk Management' in Government Institutions, Educational Institutions, Universities, Colleges, Schools, MNC's and other Companies & distinguished gatherings in India & abroad with a view to motivating youth and promoting education and adventure sports in national interest, free of cost. I am devoting my services in enthusing women, especially girls, to enable them to assert their individuality and rightful place in Indian society. This way I am trying to repay my debt to my country.

Sir, it is my humble submission that after visiting so many schools, colleges, business institutions, management colleges, MNCs, and premier government institutions & training centers in our country, I felt that particularly young men and women need to be developed for leadership & team building skills, so they can shape up their future in better way in the challenging environment and will able to perform better with their fellow colleagues, students & teachers and they can contribute their positive energy & thinking, in Nation Building. During my visit in several organizations and after exchanging words & views with women & men working there, I felt that they have all guts but they do not know the ways to overcome the problems, due to lack of knowledge & proper training. So I decided to start the course curriculum, which will EMPOWER them with knowledge & training. The curriculum of our out bound program is detailed in the annexure which covers adventure, trekking, team building, motivation besides yogic exercise and personality development, these are very useful and tested tools for the

objective set for any program.

After my experiences in leadership & climbing mountains in all the continents of the world and experiencing men management as a Police Officer, has imbued in me a great sense of discipline and I firmly believe modern youths and working people need to go to mountains, near nature to revitalize themselves, in the present competitive environment. Going near nature would go a long way in enhancing the capabilities of these young women & men, and will be adding to the robustness of their organizations. I have specially design this **Gangotri/ Dharali Parampara & Pariyavaran (Traditions and Environment) Event** for the people from all walks of life so they can enjoy the nature near Gangotri/ Dharali.

We have also support of A Distinguished Faculty of Experts of Stature and Experience, <u>who are also</u> <u>advisers of our Everest Foundation</u>.

- ✓ Shri. N N Vohra, IAS (Retd.), Former Governor of Jammu & Kashmir, is a Patron of Everest Foundation.
- ✓ Santosh Yadav, first woman in the world to scale Mt. Everest and the leader of successful Mt. Everest Kang Shung Face Expedition.
- ✓ Dr. J S Yadav, Former Founder Director & Chief Executive Officer, Haryana Institute of Rural Development, Former Director, National Institute of Agricultural Marketing (NIAM),Govt. of India, Jaipur. He was Project Economist & 'Course Director' of Mewat Development Agency (Govt. of Haryana) Gurgaon. He is honoured with Kautilya Award by Planning Commission, Govt. of India.

Our Credentials:

Mt. Everest Foundation which is now Prithvidhara has conducted the courses for Government of Delhi's school children, so far lot many students have been benefitted from this program and is in great demand.

The Ministry of Tourism, Govt. of India has also started imparting this training for students of all the Institutes of Hotel Management in India through our Foundation since 2010.

We have also conducted this program with Navodaya Vidyalaya Samiti (NVS), Ministry of HRD, Govt. of India, and the Navodaya Vidyalaya Samiti (NVS) has been sending their school students for the course since 2010.

We have also conducted Leadership, Risk Management and Health & Environment Program with Bihar Govt for the staff and community at large.

Last year, we have conducted the Leadership, Risk Management and Health & Environment Program for Ministry of Parliament Affairs.

Lots of State Governments have shown keen interest to send their school students from their respective states for the course.

We have also conducted the "Adventure, Leadership and Team Building" program for **NTPC** officials and the feedback is very encouraging. I am regular guest speaker for many Corporate Management Program including Young Mangers, GMP of BHEL and other PSUs & Multinational Companies.

Sir / Madam, I would request you to kindly depute at least 5 scientists/teachers and 5 research scholar/student from each of your institutes from the department of environmental science and sanskrit department, to ensure the benefits of this program and to be the ambassadors of knowledge gained through this program. I look forward for your positive response for this important program.We, from Prithvidhara, are open to any suggestions or clarifications.

The expenditure @per participants would be Rs.18,500/-

The Detailed Project is enclosed with this letter.

With profound regards.

Yours' faithfully,

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Santosh Yadav Director-Prithvidhara®

The Gangotri Dharali Cultural & Adventure <u>Event</u>



The GANGOTRI AND DHARALI Traditional and Environmental Event will be organized at Gangotri & Dharali in the Himalaya of Uttarakhand State of India. Our proposed duration is from June 19 to June 21 (International Yoga Day) 2024.

Aim & Objective:

The main objective of this event is Personality Development, teaching Risk Management and Survival Skills and spread awareness among people on ways of

preserving Culture and Heritage of Himalaya and Environment. It will also help in the social upliftment of local people and their life, also to spread awareness about the increasing level of water pollution in the river Ganges and other major rivers of our country and about its' adverse impacts on our health system.

Gangotri is a Hindu pilgrim town on the banks of the river Bhagirathi. It is on the Greater Himalayan Range, at a height of 3,100 meters (10,200 ft). According to popular Hindu legend, it was here that Goddess Ganga descended when Lord Shiva released the mighty river from the locks of his hair. The origin of the holy river is at Gomukh or Gaumukh, set in the Gangotri Glacier, and is a 19km trek from Gangotri.

Gangotri, seat of the goddess Ganga, is one of the four sites in the Chota Char Dham pilgrimage circuit. The river is called Bhagirathi at the source and acquires the name *Ganga* (the Ganges) from Devprayag onwards where it confluences with the River Alaknanda.

Gangotri or Gangotri Temple is well known place for Hindus. It very popular among mountains lovers or trekkers in India and abroad. This Holy Place is being visited by thousands & thousands of people, every year during summer season from every states of our country and people from other countries too.



Dharali is a small village, just 20 kilometers before Gangotri. It is a place associated with Adi Kailash, has a beautiful and very old temple of Adi Kailash, where Panch Mukhi Shiva Lingam is always submerged in water of Ganga River. Dharali is a last market place before Gangotri, have several small but good hotels, where lots of people and trekkers love to stay at night, before or after visiting Gangotri or Trekking to Gomukh or Tapovan and other trekking destination. It is very clean and peaceful place to spend some time at this

village. **Mt.Everest Foundation now known as Prithvidhara** is organizing the Gangotri & Dharali Cultural & Adventure Event in Himalaya to spread awareness among people of India and other countries.

You can very well imagine, surrounded by snow clad mighty Himalaya.

This event will be under the influence of spirituality and awakening knowledge of health.

The detail of proposed schedule / event itinerary;

The event duration will be for Two Nights & Three Days.

- <u>1st day</u>: All the participants will reach the destination i.e. Dharali, Uttarakhand by morning, Breakfast will be served. Quick Orientation and Inauguration of the Event. followed by lunch. After lunch short rest then trekking to <u>Saat Taal</u> (approx. 45mins). Then Dinner will be Served back at Dharali.
- <u>2nd Day:</u> Early morning trekking to Bhim Ganga in Mukhwa village followed by breakfast and rest. Then the team of scientists will discuss on Health and Environment also Cultural/ Traditional ways to conserve environment (Hence the name Parampara & Paryavaran) lunch break will be in between. Followed by evening meditation. Before sunset will have dinner.
- <u>3rd Day:</u> Early morning departure to attend morning Aarti in Gangotri Temple performance of Ganga Aarti/ Vedic hymns and prayers recited during the Aarti create a divine atmosphere and give a feel of peace and solace to your soul. Morning mediation followed by Breakfast. After Breakfast, explore Gangotri area. Then lunch will be served back at Dharali. After lunch The feedback/discussion with participants. The participants will be departed back to their respective destinations.
- It is Dharali Gangotri Dharali. We will make arrangement foods & staying arrangement in Dharali and Gangotri for all participants.

Prithvidhara and its associates will be arranging FULL boarding and lodging for all the registered participants. Participants will be getting ONLY vegetarian food prepared in pure cow ghee and brass vessels. Staying arrangement will be made on sharing basis in Dharali.

Mode of Transport: By Bus from Haridwar to Dharali/Gangotri and back to Haridwar.

Participants will have to bring their own woolen garments, two white bedsheets and one thin towel/gamchha, water bottles, lunch box, torch, Spoon, Glass/steel mug.

Fees for participating in the event will be Rs.18,500/-@per participant (The cost includes: Food , stay, training fees, etc.) Travel Cost is included from Haridwar onwards.

Payment Modes

Full and final payments to be made to **PRITHVIDHARA**, payable at Haridwar,Uttarakhand,India, <u>in advance</u> by Bank Transfer / Bankers' Cheque / Bank Draft.

Our Ac. No. is 1736000100134578 with Punjab National Bank, Gurukul Kangri, Haridwar – 110021. RTGS / NEFT IFS Code: PUNB0406300

NOTE: PLEASE SEND US A MAIL AFTER TRANSFERING MONEY IN OUR BANK ACCOUNT FOR CONFIRMING THE PARTICIPATION.

Route to Gangotri and Dharali:

From anywhere to Dehradun / Haridwar / Rishikesh by flight / train / road. Travel further to Uttarkashi by road, from Uttarkashi to Dharali and Gangotri by road. It is approx. 7 hours drive to **Dharali, where we will make your staying arrangement**.

For clarifications:

PRITHVIDHARA®

Contact: +91-8700235459 / 9068235459 / 9711882767. Email: <u>santoshyadav.everest@gmail.com</u> <u>mahirpratap2003@gmail.com</u>